Macon Campus: Student Life Center, Suite 261 | 478-471-2714 Cochran Campus: Sanford Hall, Suite 112 | 478-934-3110

careerservices@mga.edu | mga.edu/ccld

Visit mga.joinhandshake.com to schedule your career advising appointment!

# **Exploring & Choosing Majors**

## **Step 1: Take the Focus2 Career Assessment**

All of our career assessment information is at <a href="https://www.mga.edu/ccld">www.mga.edu/ccld</a> under the Office of Career Development **FOCUS 2** offers a work interest, personality, values, skills, leisure interest, and a career readiness assessment.

How to create an account and log into FOCUS 2: Visit our webpage at <a href="www.mga.edu/ccld">www.mga.edu/ccld</a> and follow the links to "Office of Career Development" and "Career Assessments." Click "Register" and create an account. Use your @mga.edu email address as your username. Login with the <a href="access code: knights">access code: knights</a>.

Returning Users: Login with your username and password.

## Step 2: Use reliable academic and occupational info to make major and career decisions

What Can I Do with this Major? www.mga.edu/ccld

• Review career options for a variety of majors as well as career websites related to each major.

#### MGA List of Majors & Degrees with Campus Locations

https://www.mga.edu/degrees/

MGA Course Catalog. <a href="https://www.mga.edu/academics/academic-catalog.php">https://www.mga.edu/academics/academic-catalog.php</a>

• The University catalog provides a list of course requirements for each major including course descriptions.

O\*NET Online. www.onetonline.org

Review occupational information based on your skills. Provided by US Department of Labor (DOL).

Occupational Outlook Handbook. www.bls.gov/ooh

• Review occupational outlook, career descriptions, and salary information. Provided by DOL.

#### LinkedIn Alumni Tool.

 See what MGA alumni are doing with their major or career. Explore the career paths of nearly MGA alumni and sort by where they work, what they do, what they studied, and even by their skills.

#### Occupational and Major profiles in FOCUS 2.

• After completing FOCUS 2, use the "Explore the Possibilities" section of the main dashboard to search occupations, academic areas. FOCUS 2 provides job duties, job outlook, salary information, videos, and related areas of study.

## Step 3: Review the MGA List of Majors.

In this packet, you will see the list of current MGA majors and their corresponding Holland Code. To get your Holland Code, take the Work Interest Career Assessment in Focus 2. According to the Holland theory, you are more likely to enjoy and excel at a major and career that matches your interests.

**Step 4: Narrow down a list of majors.** We recommend crossing out the majors that **do not** interest you. If you need more information, read about the majors at mga.edu/degrees and then determine if the major will remain on your list. We recommend narrowing down so that you're researching 5-7 majors.

**Step 5:** Research Majors. In addition to using the MGA Degrees website at <a href="www.mga.edu/degrees/">www.mga.edu/degrees/</a>, you should also talk to academic advisors and current students to learn more about what that major is like.

**Step 6: Meet with a Career Advisor.** You don't have to go through this process alone. Visit mga.edu/ccld and click on the appointment information to schedule. You can also email us at <a href="mailto:careerservices@mga.edu">careerservices@mga.edu</a>.

# **Step 4: Find Your Holland Code**

To find your Holland Code, take the Work Interest Assessment in Focus2. If you take the assessment and don't agree with the results, you can also choose your 3-letter code from reading the descriptions below and determining which best match you.

1. \_\_\_\_\_\_ 2. \_\_\_\_ 3. \_\_\_\_\_

#### **Holland Code Descriptions**

#### A - Artistic - "Creators"

Prefer to be expressive. They like the opportunity to create new things and be innovative. They typically do not like structure or conformity. They prefer to use their imagination and be creative. People in this category generally enjoy activities such as: writing, poetry, photography, designing, singing, acting, dancing, painting, attending theaters and exhibits, and reading.

#### S - Social - "Helpers"

Prefer to work with others. They tend to be highly verbal, express themselves well, and get along well in groups. Social types typically prefer the team approach to problem solving. People in the social category often describe themselves as cooperative, friendly, and understanding. They generally enjoy teaching, caring for others, volunteering, mediating disputes, meeting new people, working in groups.

#### E - Enterprising - "Persuaders"

Often prefer activities selling and promoting. They enjoy influencing others and being in a leadership position. They often use their skills to influence others. They often like competitive activities and are often self-confident, talkative and energetic. They generally enjoy discussing politics, selling and promoting, having power and status, giving talks and speeches, and leading groups.

#### I - Investigative - "Thinkers"

Often have a strong desire to understand cause and effect, and solve puzzles and problems. They often work in jobs that are scientific in nature. Their work often involves the analysis of data, using formulas, graphs and numbers. Investigative types typically prefer to work independently, and with minimum supervision. People in this category generally enjoy using computers, solving math problems, interpreting formulas, and thinking abstractly.

#### C - Conventional - "Organizers"

Often prefer orderly, systematic work. Work tasks often include keeping records, and organizing written and numerical materials according to a plan. They like to see things run efficiently and smoothly, which means they will pay attention to administrative details. They generally enjoy keeping accurate records, organizing, working with numbers, and using a computer.

#### R - Realistic - "Doers"

Often prefer to work with objects and things. They are likely to enjoy creating things with their hands and using tools and machines. Some prefer large, powerful machines like tractors, while others prefer precision machinery such as X-ray or electronic equipment. People in this category generally enjoy being physically active, repairing equipment, rebuilding cars, fixing electrical things, solving mechanical problems, playing sports, working outdoors, and using their hands.

# **Step 5: Narrow Down Majors and Begin Your Research.**

- 1. Review the list below and cross out any majors that are not of interest to you so that you have a more manageable list of majors to research and explore.
- 2. Look for patterns to manage your shorter list. Even if your list seems long, you may find that the majors on your list are closely related and may have similar career and academic pathways.
- 3. Research the remaining majors to determine the best fit for you. Use these resources:
  - a. Refer to the MGA academic catalog to learn about each major.
  - b. Compare the Holland code for the major with the one from your assessment.
  - c. Use the ONET Interest Browser to look at jobs based on your interest code: <a href="https://www.onetonline.org/find/descriptor/browse/Interests/">www.onetonline.org/find/descriptor/browse/Interests/</a>.
  - d. Meet with a career advisor in the CCLD to look through the recommend career information as you consider occupations in relation to your career choice. Contact us at <a href="mailto:careerservices@mga.edu">careerservices@mga.edu</a> or go to "Career Center" and "Appointments" in Handshake at mga.joinshandshake.com to schedule an appointment.
  - e. Talk with the academic advisor(s) in your short list, if needed, before making your final decision.

MGA UNDERGRADUATE MAJORS  For the most recent list, visit https://www.mga.edu/degrees/					
PROGRAM	DEGREE OPTIONS	SCHOOL	RELATED HOLLAND CODES		
Air Traffic Management	Associate	Aviation	Conventional, Investigative		
Aircraft Structural Technology	Associate	Aviation	Realistic, Conventional, Artistic		
Art	Associate, Bachelor	Arts & Letters	Artistic, Social, Enterprising		

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For the most recent list, visit https://www.mga.edu/degrees/

PROGRAM	DEGREE OPTIONS	SCHOOL	RELATED HOLLAND CODES
Aviation Maintenance Technology	Associate	Aviation	Realistic, Conventional, Investigative
Aviation Science and Management - Flight	Bachelor	Aviation	Realistic, Conventional
Aviation Science and Management - Management	Bachelor	Aviation	Conventional, Enterprising, Social
Biology	Bachelor	Health & Natural Sciences	Investigative, Realistic
Business Administration - Accounting	Bachelor	Business	Conventional, Investigative
Business Administration - General Business	Bachelor	Business	Conventional, Enterprising, Social
<b>Business Administration</b> – Financial Economics	Bachelor	Business	Conventional, Investigative, Enterprising
Business Administration - Marketing	Bachelor	Business	Enterprising, Social, Artistic
Business Administration - Management	Bachelor	Business	Conventional, Enterprising, Social
Contemporary Musicianship - Classical	Bachelor	Arts & Letters	Artistic, Enterprising
Contemporary Musicianship-Commercial	Bachelor	Arts & Letters	Artistic, Enterprising
Criminal Justice	Associate, Bachelor	Education & Behavioral Sciences	Investigative, Social
Elementary/Special Education	Bachelor	Education & Behavioral Sciences	Social, Artistic, Conventional, Enterprising
Engineering Studies	Transfer Program	Health & Natural Sciences	Realistic, Investigative
English – Literature	Bachelor		Artistic, Investigative, Social
English – Professional Writing	Bachelor	Arts & Letters	Artistic, Conventional, Investigative
English – Creative Writing	Bachelor	Arts & Letters	Artistic, Enterprising
English – Pre-Law	Bachelor	Arts & Letters	Investigative, Enterprising, Social
English – Teacher Certification	Bachelor	Arts & Letters	Social, Enterprising, Artistic
Financial Technology	Associate	Computing	Conventional, Investigative
Health Science	Associate	Health & Natural Sciences	Investigative, Social
Health Services Administration	Bachelor	Business	Conventional, Social, Investigative
History – Documentary Film	Bachelor	Arts & Letters	Enterprising, Investigative, Artistic
History – Secondary Education	Bachelor	Arts & Letters	Social, Artistic, Enterprising
Information Technology - Critical Infrastructure Management	Bachelor	Computing	Investigative, Conventional, Enterprising
Information Technology - Cybersecurity	Bachelor	Computing	Investigative, Conventional, Realistic
Information Technology - Cyber Forensics	Bachelor	Computing	Investigative, Conventional, Realistic
Information Technology - Web Applications Development	Bachelor	Computing	Investigative, Realistic, Enterprising
Information Technology - Software Engineering	Bachelor	Computing	Realistic, Investigative, Conventional
Information Technology - Networking Technologies and Administration	Bachelor	Computing	Investigative, Enterprising, Conventional

# **MGA UNDERGRADUATE MAJORS**

For the most recent list, visit https://www.mga.edu/degrees/

PROGRAM	DEGREE OPTIONS	SCHOOL	RELATED HOLLAND CODES
Information Technology - Integrated Digital Media and Game Design	Bachelor	Computing	Investigative, Artistic, Realistic
Information Technology - Health Informatics	Bachelor	Computing	Investigative, Social, Conventional
Interdisciplinary Studies - Selected Discipline	Bachelor	Arts & Letters	See major areas of interest
Interdisciplinary Studies - Gender Studies	Bachelor	Arts & Letters	Artistic, Social, Investigative
Interdisciplinary Studies - International Studies	Bachelor	Arts & Letters	Artistic, Investigative, Social
Mathematics	Bachelor	Computing	Investigative, Conventional, Artistic
Modern (Foreign) Language	Associate	Arts & Letters	Artistic, Social
Music	Bachelor	Arts & Letters	Artistic, Enterprising
New Media and Communications	Bachelor	Arts & Letters	Enterprising, Artistic, Social
Nursing	Associate, Bachelor	Health & Natural Sciences	Social, Investigative, Conventional
Nursing RN to BSN Completion	Bachelor	Health & Natural Sciences	Social, Investigative, Conventional
Occupational Therapy Assistant	Associate	Health & Natural Sciences	Social, Realistic, Investigative
Political Science	Bachelor	Education & Behavioral Sciences	Enterprising, Investigative, Artistic
Psychology	Bachelor	Education & Behavioral Sciences	Investigative, Social, Artistic
Public Service / Human Services	Bachelor	Education & Behavioral Sciences	Social, Investigative, Artistic
Rehabilitation Science	Bachelor	Health & Natural Sciences	Social, Realistic, Enterprising
Respiratory Therapy Bridge/Completion Program	Bachelor	Health & Natural Sciences	Social, Investigative, Realistic
Respiratory Therapy Entry Level	Bachelor	Education & Behavioral Sciences	Social, Investigative, Realistic
Secondary Education	Bachelor	Education & Behavioral Sciences	Social, Artistic, Enterprising
Secondary Education - English	Bachelor	Education & Behavioral Sciences	Social, Artistic, Enterprising
Secondary Education - History	Bachelor	Education & Behavioral Sciences	Social, Artistic, Enterprising
Secondary Education - Biology	Bachelor	Education & Behavioral Sciences	Social, Artistic, Enterprising
Secondary Education - Mathematics	Bachelor	Education & Behavioral Sciences	Social, Artistic, Enterprising
Social Work	Bachelor	Education & Behavioral Sciences	Social, Enterprising
Sport Management	Bachelor	Business	Social, Enterprising, Conventional
Technical Management	Bachelor	Aviation	Conventional, Investigate, Enterprising