Hand Protection Quiz

- 1. Which parts of your hands are most vulnerable to injury on the job?
 - a. Bones and skin.
 - b. Muscles, ligaments, and tendons.
 - c. All parts of the hand can be injured on the job.
- 2. The skin on your hands can be affected by dermatitis, caused by contact with:
 - a. Metal
 - b. Chemicals
 - c. Hot objects
- 3. Even a minor cut or puncture should receive medical attention in order to avoid:
 - a. Carpal tunnel syndrome
 - b. Bone fractures
 - c. Infection
- 4. The "point of operation" of a machine or power tool is:
 - a. The place on the machine or tool where the work actually takes place
 - b. The location in the work area where you are using the machine or tool
 - c. A sharp, pointed object that protrudes from the machine or tool
- 5. Under what circumstances might wearing gloves actually increase a hazard rather than offering protection?
 - a. Working with chemicals
 - b. Cleaning up broken glass
 - c. Working around machinery with moving parts
- 6. If a machine or tool appears to be defective or is missing a guard device, you should:
 - a. Not use the machine or tool, and report the defect to a supervisor.
 - b. Go ahead and use it as long as you are careful.
 - c. Try to repair it as best you can.
- 7. What should NOT be worn when working around machinery?
 - a. Jewelry such as watches and bracelets
 - b. Loose clothing or long flowing sleeves
 - c. Both "a" and "b."
- 8. Which kind of glove is best when working with hazardous chemicals?
 - a. Metal mesh
 - b. Cotton
 - c. Rubber
- 9. Exercises and proper grip are ways to prevent what kind of hand injury?
 - a. Puncture wounds
 - b. Repetitive motion disorders
 - c. Burns from fire or chemicals
- 10. Heavy leather gloves provide protection from what type of hand injury?
 - a. Cuts, punctures, and abrasions
 - b. Dermatitis
 - c. Repetitive motion disorder